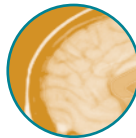
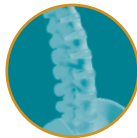


LIVE
Your Present
...Build Your Future

FOR PEOPLE LIVING WITH
SPINAL CORD OR BRAIN INJURIES



May 3, 2003

Club Regent Casino

Tikal Room

1425 Regent Avenue West
Winnipeg, MB

Presented by:



Canadian
Paraplegic
Association

Association
canadienne des
paraplégiques



Manitoba
Brain Injury
Association Inc.



Health
Sciences
Centre

Manitoba
Neurotrauma
Initiative



Manitoba
Public Insurance

Faculty

ALAN CASEY, MD, FRCPC – Assistant Professor,
Rehabilitation Medicine U of M/Health Sciences Centre

BEV DAVIS, BN – Nurse Clinician, Out Patient Spinal Cord
Clinic, Health Sciences Centre

KAREN ETHANS, MD, FRCPC – Assistant Professor,
Rehabilitation Medicine, U of M/HSC; Director, Spinal Cord
Injury Rehabilitation Program, Health Sciences Centre

MONICA GINTHER – Executive Director, Manitoba Brain
Injury Association

HELEN LARSON, RN, BN – Nurse Educator, Spinal Cord
Injury Program, Health Sciences Centre

LISA MALENFANT, OTM – Spinal Cord Injury Program, HSC

AUDREY MCILRAITH, BRS, MSc – Executive Director,
Manitoba Branch Canadian Paraplegic Association
(Manitoba Inc.)

CYNTHIA MOORBY, RN, BN, MN, CACE – Manager of
Patient Care

RUDY NIEBUHR, BMR(PT) – Physiotherapist, Spinal Cord
Injury Program, HSC

JEAN ROCH, BN – Manager of Patient Care

LORI THOMSON, BA – Rehabilitation Counselor, Canadian
Paraplegic Association (Manitoba Inc.)

ERNIE TOEWS, BA – Manager, Health Care Services,
Manitoba Public Insurance

Registration

REGISTRATION MUST BE BEFORE
APRIL 18, 2003

Per Person \$25.⁰⁰

Enclosed, please find a cheque payable to
SCI EDUCATIONAL FUND

\$

Enrollment will be limited to 150 registrants.

MAIL TO:

SCI/BI Symposium
Attention: Deborah Patching
Rehabilitation Hospital
RR417B - 800 Sherbrook Street
Winnipeg, Manitoba R3A 1R9

Phone: (204) 787-1602 Fax: (204) 787-1274

LIVE

Your Present

...Build Your Future

FOR PEOPLE LIVING WITH
SPINAL CORD OR BRAIN INJURIES



Objectives

The objectives of this gathering are to give persons living with spinal cord or brain injuries and their care providers...

- * an educational forum for mutual sharing, and understanding challenges faced by all members of the family
- * coping mechanisms to deal with everyday life given the daily challenges they face
- * a forum to discuss sexuality and relationship issues

The symposium will consist of several large group presentations with question periods in the morning, and in the afternoon there is a choice of two smaller group discussions.

Sponsors

- * Canadian Paraplegic Association (Manitoba Inc.)
- * Health Sciences Centre
- * Manitoba Brain Injury Association
- * Manitoba Neurotrauma Initiative
- * Manitoba Public Insurance
- * Workers Compensation Board of Manitoba

8:15 - 9:00 AM	Continental Breakfast & Registration
9:05 - 9:45 AM	<i>Life on Wheels</i> Keynote Speaker – GARY KARP
9:45 - 10:30 AM	<i>Coping with Catastrophic Injury and Effect on Families</i> DR. MICHAEL STAMBROOK
10:30 - 11:00 AM	Break
11:00 - 11:45 AM	<i>Living Hope – Lessons in Holistic Healing</i> JONATHAN ELLERBY
11:45 - 12:45 PM	Lunch

Afternoon Breakout Sessions

A

SPINAL CORD INJURY TRACK



12:45 - 1:30 PM	Club Regent Casino Tikal Room <i>Spinal Cord Injury-related Research: Where has it Been, Where is it At, and Where is it Going?</i> DR. KRIS COWLEY
1:30 - 2:15 PM	<i>Sexuality and Relationships, Sexual Functioning</i> BARB LAWRIE

2:15 - 2:45 PM Break

2:45 - 3:45 PM

PANEL DISCUSSION

Relationships: The Emotional Roller Coaster
GARY KARP – Facilitator

Panel Members:

Ken & Pam Davis
Dr. Kris Cowley and Todd Cowley
Arin Smith

B

BRAIN INJURY TRACK



12:45 - 1:30 PM

Club Regent Hotel Ambassador Room
Sexuality and Relationships
BARB LAWRIE

1:30 - 2:15 PM

A Reflection of a Professional on Hope After Acquired Brain Injury
ALICE BELLAVANCE

2:15 - 2:45 PM Break

2:45 - 3:45 PM

PANEL DISCUSSION

The Relationship Roller Coaster
ALICE BELLAVANCE – Facilitator

Panel Members:

Dr. Garry Hawryluk
Karen Toole
Arnold & Rose Popeski
Val & Glen Bergeron

Gary Karp is the author of “Life on Wheels: for the Active Wheelchair User” and “Choosing a Wheelchair: A Guide for Optimal Independence.” Both books have been widely reviewed as definitive resources. He has used a wheelchair since 1973 when he sustained a spinal cord injury in a fall. Mr. Karp writes extensively about disability for New Mobility magazine, and pens a biweekly column on Sex and Disability at iCan.com.

Rev Jonathon H. Ellerby is the Director of Organizational Development and Wellness for the Winnipeg Regional Health Authority. He is a seasoned lecturer who speaks widely on the role of spirituality in health and healing and about the importance of holism in healthcare and organizational wellness.

Dr. Michael Stambrook is a clinical psychologist and neuropsychologist who provides consultation, assessment and treatment. He is head of an experienced team of rehabilitation professionals dealing with the acute and long-term effects of illness and disability. The team’s focus is to minimize the effects of disability and illness, to work to remove psychiatric/psychological barriers; and to assist in increasing function and return to an independent lifestyle.

Barbara Lawrie, BSN, RN, CRRN has been working in the Sexual Health Service for the past twelve years and has been Coordinator of the service for the past seven years. As a part of her role in sexual health, she assists clients with physical/cognitive disabilities and/or their partners to understand and manage changes to sexuality as a result of a physical disability.

Dr. Kris Cowley, PhD, is a Research Associate in the Spinal Cord Research Centre at the University of Manitoba. Her talk, “Spinal Cord Injury-related Research: Where Has It Been, Where Is It At, and Where Is It Going?” will focus on spinal cord injury-related research being done in Canada and around the world. Examples of both basic-science as well as clinical research, and how the results can benefit those living with SCI, will be presented.

Alice Bellavance, RPN is the Executive Director of the Brain Injury Services of Northern Ontario. In the community, she worked in respite care, group home settings for developmentally challenged youth, physically challenged youth and children, services for adults with a variety of special needs and most recently was more active in the mental health sector.

Panel Members

BRAIN INJURY TRACK



Dr. Garry Hawryluk, PH.D., Psych is a clinical psychologist specializing in rehabilitation psychology and neuropsychology. He has been involved in the assessment and treatment of individuals with acquired brain injury for over 25 years, and has served as a consultant to a number of rehabilitation programs and national bodies pertaining to project development and service delivery programs for individuals with Acquired Brain Injury.

Karen Toole is a writer, speaker, educator and consultant on life issues in dialogue with the traditions of religions and spiritual resources. She is columnist on the faith page of the Winnipeg Free Press, an instructor in the Certificate of Theology program at the University of Winnipeg, and she offers a weekly spiritual conversation on the CBC Weekend Morning Show.

Arnold Popeski is a retired high school teacher. On June 1, 1963, Arnold was severely injured in a vehicle head-on collision. He was in a coma for over six weeks; and has been recovering ever since. After his head trauma, Arnold retrained his body and his mind, so that he was able to achieve a B.Sc., a B. Ed. and M.Ed. (Learning Disabilities).

Rose Popeski is a practicing pharmacist, mother of two daughters, grandmother of two exceptional grandchildren, and most importantly to Arnold, an encouraging, supporting life partner.

Val Bergeron was born in Winnipeg, raised in St. Vital and a brain injury survivor. She has survived two brain aneurysms that occurred in 1981 and again in 1984 when she was 6 1/2 months pregnant with her first child. Both survived to tell this tale!

Glen Bergeron was a founding member of the Manitoba Brain Injury Association and is presently the Past President.

SPINAL CORD INJURY TRACK



Dr. Kris Cowley and Todd Cowley have been married since 1992, are homeowners raising twin girls and one boy. In 1998, Kris attained a PhD. from the University of Manitoba and Todd, a Bachelor of Arts from the University of Winnipeg in 1990. Kris drives a car and works in research at the University of Manitoba. Since 1987, Kris has been using a wheelchair.

Ken and Pam Davis have been married for 6 1/2 years. Pam works as a Party-Lite consultant, Ken is editor of the CPA Newsletter, Paratracks.

Ken graduated from University of Winnipeg with a major in history. Pam graduated from the University of Toronto with a major in French and from the University of Calgary with a Bachelor of Education. Ken was injured in a motor vehicle accident at age 16.

Arin Smith was injured at age 19 in a motor vehicle accident. He is currently single and in the process of starting his own business in outdoor recreation for people with disabilities. Arin plays wheelchair rugby, table tennis, hand cycling, fishing and outdoor activities. He has been dating since his early teens and continues to do so. Arin is a homeowner and drives his own car.

Registration

LIVE
Your Present

...Build Your Future

FOR PEOPLE LIVING WITH
SPINAL CORD OR BRAIN INJURIES



May 3, 2003

Name

Mailing Address

City Province/State Postal Code

Phone Special Requirements

Name

(as it should appear on ID badge)

Indicate which track you will attend in the PM

SPINAL CORD INJURY TRACK



BRAIN INJURY TRACK



Cheques to be made out to
SCI EDUCATIONAL FUND and mailed to:

SCI/BI Symposium
Attention: Deborah Patching
Rehabilitation Hospital
RR417B - 800 Sherbrook Street
Winnipeg, Manitoba R3A 1R9

Phone: (204) 787-1602 Fax: (204) 787-1274

COST:
\$25.⁰⁰ PER PERSON

ENROLLMENT MUST BE RECEIVED **BY APRIL 18, 2003.**
Cost includes lunch and nutrition breaks. Free parking
available on site with up to 60 handicap parking spots

Limited transportation subsidy will be available, contact...
The Canadian Paraplegic Association (Manitoba Inc.) or
the Manitoba Brain Injury Association